



ENVISIONING THE FUTURE OF SERIOUS ILLNESS CARE

Joining Our Voices

A North Carolina Serious Illness Coalition online conference experience

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Demystifying Death Doulas

A Discussion About the Future of End-of-Life Doulas

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Moderators: Vicki Dougherty, DD and Mary Lou Infinito, CDD



POLL:

How familiar are you with the work of End-of-Life/Death Doulas?



What Does a Death Doula Do?

- Supports the Dying Patient and their loved ones
- Engages the patient and their loved ones in meaningful conversations
- Assists the patient in the development of a legacy plan
- Helps guide the patient and their loved ones through the dying process



Engagement Methods



Guided Imagery



Incorporation of Valued Rituals



Reading Aloud



Integration of Client Selected Music



This is NOT a New Concept!



Presentations are not legal or medical advice. Everything provided is for informational purposes and not for the purpose of providing legal or healthcare advice. You should always contact your health provider or attorney to obtain advice with respect to any healthcare or advance planning decision. Nothing here should be construed to form an attorney client or healthcare patient relationship.



When do you need to hire a Death Doula?

- When you are ready to talk about and plan for you own death or the death of someone you know/love
- When you have questions regarding certain aspects of your life and death
- When you need to prepare for legal paperwork such as advance directives, health care proxies, and wills
- When you and/or your family has very little experience with death
- When there is a gap between the services needed and those provided by the medical team and the funeral home
- When you are afraid of confronting death
- When you want to write your own obituary
- When you want to die peacefully in a loving atmosphere