



ENVISIONING THE FUTURE OF SERIOUS ILLNESS CARE

Joining Our Voices

A North Carolina
Serious Illness Coalition
online conference
experience

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NORTH
CAROLINA
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COALITION



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Exploring Strategies for Treatment Adherence

How technology and new ideas can impact the way we
think about serious illness care management in the home

Panelists:

Marico Dove, PharmD, RPh

Linnett Stienman, RN, MSN

Anthony Sterns, PhD

Moderator:

Beth Rosenberg

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Important Terms to Know

Adherence

Refers to treatment goals in which the patient and provider mutually agree to a treatment plan. It encompasses patient freedom of choice and does not blame the patient for non-adherence.

Compliance

Refers to treatments which are determined by a provider alone. Non-compliance implies the patient is opposed to the provider's treatment plan.



Impact of Adherence and Non-Adherence

Affects of Non-Adherence

- In the U.S. 3.8 billion prescriptions are written annually.
- One in Five new prescriptions are never filled. Of those, 50% are taken incorrectly.
- Correlates to \$100-300 billion in annual health care spending

Benefits of Adherence

- Improving adherence can lead to improved chronic disease outcomes,
- Reduce ED visits
- Reduced mortality
- Reduce health care costs

****Neiman AB, Ruppar T, Ho M, et al. CDC Grand Rounds: Improving Medication Adherence for Chronic Disease Management — Innovations and Opportunities. MMWR Morb Mortal Wkly Rep 2017;66. DOI: <http://dx.doi.org/10.15585/mmwr.mm6645a2external icon>.**